

2009 Schedule of Events

Field Events (all meets)

5:30	Turbo Javelin (7 and under)
5:45	High Jump, Pole Vault
6:00	Long Jump
7:00	Triple Jump, Shot Put

Track Events

Thursday, June 18 Wednesday, June 24

6:00	400m Hurdles	(M/W)
6:20	4x100 relay	(M/W)
6:35	400m	(M/W)
7:15	50 yard Dash	(7 and under)
7:20	800m	(M/W)
7:40	100m	(M/W)
8:25	4 x 400m Relay	(M/W)
8:45	3000m Steeplechase	(W/M)

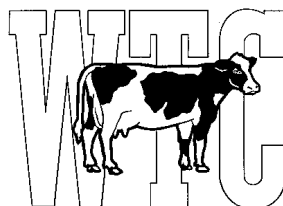
Thursday, July 2

6:00	100/110m Hurdles	(M/W)
6:25	400m	(M/W)
7:05	50 yard Dash	(7 and under)
7:10	1600m	(M/W)
7:25	100m	(M/W)
8:10	3200m	(M/W)
8:30	300m Hurdles	(M/W)
8:45	4 x 400m Relay	(M/W)

Thursday, July 9

6:00	110/100m Hurdles	(M/W)
6:25	200m	(M/W)
7:05	50 yard dash	(7 and under)
7:10	Mile	(M/W)
7:25	100m	(M/W)
8:05	3000m MARS	(M/W)
8:35	4 x 400m Relay	(M/W)

Wisconsin Track Club Summer Track Series



The Wisconsin Track Club presents our annual Summer Track Series: four all-comers' track meets where everybody has the opportunity to try the many events of track and field. **June 18, June 24, July 2, July 9 (note June 24 is a Wednesday, the other dates are Thursdays).**

We'll have the traditional events: jumps, throws, relays, sprints, hurdles, and distance. **Try all the events you want!** Field events start at 5:30 pm, running events at 6 pm.

Anyone can participate. All ages are welcome, from youth to masters, novice to expert. **BRING THE WHOLE FAMILY!!!**

Best of all, it costs just \$5/person, or join WTC and get in FREE!! Test out the tartan! Feel the wind in your hair! Try something new! Set a **PR!**

How to Enter: Just show up, pay your money, and sign up for the events of your choice. **ENTRIES WILL CLOSE 15 MINUTES BEFORE EVENT START.** Coaches with 10 or more athletes: \$3/athlete if you can give us name/age/event for your athletes the day before the meet.

Questions? Jim Reardon: (608) 288-0359, email jcreardon@wisc.edu



On July 9 we will host the Madison Area Running Series 3000m, under the track lights, at 8:05 pm. Participants get Running Series points!
<http://madisonseries.com/Home/>

Summer Track Series Waiver Form
If you are under 18 years of age and your guardian will not be attending, you MUST bring a completed waiver form with you to EACH meet!

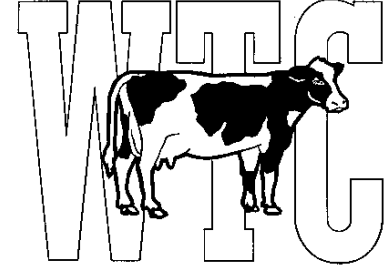
Name: _____ Age: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Waiver: In consideration of my entry in the Summer Track Series, I release the Wisconsin Track Club, its members and officers, the University of Wisconsin (and its Board of Regents), any event sponsors, and any individuals who are in any way connected with this event (including volunteers assisting with the event) from any liability or claims of injury or illness that I might sustain during my participation in this event. I know that participation in track and field is a potentially hazardous activity, but represent that I am properly trained and medically able. I also certify that in accordance with the rules of USA Track & Field and the IAAF, I am eligible to compete in the WTC Summer Track Series. Lastly, I agree to submit myself to formal voluntary, random drug testing if USA Track and Field or the IAAF requests such tests.

Signature (guardian if under 18): _____ Date: _____

Wisconsin Track Club



Summer Track Series

June 18, 24
July 2, 9
2009

UW Madison
Dan McClimon Track

(Corner of Walnut and Observatory Drive)